



CHEZ MUMTAJ
Modern Asian Dining
Restaurant & Saffron Lounge Champagne Bar

A La Carte Menu

Starters

Pappadoms and Chutney Assortment - £5.95
with home-made coriander & mint yoghurt & mango chutney

Seafood Platter - £17.95
Peri Peri black tiger prawn, salmon tikka, tandoor monk fish
Trio of homemade fresh fruit preserves

Meat Platter - £16.95
Green herbed duck breast, lamb cutlet, achari chicken tikka,
Trio of homemade fresh fruit preserves

Onion Bhaji (v) - £7.50
Crispy onion balls, coriander, chillies, black Nigella &
Fennel seeds in gram flour coating

Paneer Shashlik (v) - £8.95
Tandoor roasted homemade cheese, peppers, tomato,
mushroom with smoked red pepper aioli

Chick Pea Tartlet (v) - £8.95
Tangy spiced chick peas in tamarind & crème fraiche
on petit naan bread

Chicken Tikka - £8.95
Cornfed tandoor roasted marinated in garlic, pickling
spices, green leaf salad and wasabi mash

Lamb Seekhkebab - £8.95
Kentish lamb mince in spices, herbs, grilled over hot coals,
Wasabi aioli emulsion served with green leaf salad

Soft Shell Crab - £12.95

Wild catch blue swimmer crab in chilli, spring onion, garlic
tempura crust served with fig, mango and ginger preserve

Handcrafted Punjabi Veg Samosa - £7.50
Spiced potato & vegetables in short crust pastry

Black Tiger Prawn Puri - £12.95
Shallot onions, light herbs, spices, puri bread

Handcrafted Duck Samosa (S) - £9.95
Confit of Gressingham duck, duxelle of cepes and shallot
parceled in filo pastry, hoisin sauce

Buttered Black Tiger Prawn (S) - £12.95
Malaysian style prawns tossed in garlic, spring onions,
red chilli and curry leaves

Loch Duart Salmon Tikka - £12.95
Chargrilled salmon marinated in smoked paprika, dill, honey,
mustard and fennel with beetroot-coconut gel

Chicken Liver Puri - £11.95
Curried chicken liver supremes, pomegranate
molasses, chopped fresh ginger, green peas and puri bread

Aloo Tikki - £7.95
Roundels of mashed potato stuffed with spicy peas and
sweetcorn, tamarind and date sauce

Chez Mumtaj Salad - £7.95

Chicken & Duck Dishes

Old Delhi Chicken Tikka Masala (N) - £13.95
Morsels of chargrilled pieces cooked in chefs own
exotic fenugreek and tomato cream sauce

Garlic Chilli Chicken Masala - £13.95
Chargrilled chicken cooked with garlic and fresh
green chillies in a spicy hot sauce

Murgh Zaffrani - £13.95
Chargrilled chicken simmered in a spicy coconut milk,
Mustard seeds, coriander and chilli paste with tang of lime

Karachi Kebab Masala (N) - £13.95
Morsels of chicken in a rich aromatic spicy sauce with tomato,
mix peppers and onions

Murgh Lazeez - £13.95
Succulent chicken hot and sour sauce with unique aroma of
Bengali Naga chilli and kaffir lime leaves

Murgh Darjeeling - £14.50
Wild mushrooms, truffle oil, tarragon, garlic cream sauce

Shahi Pistachio Korma (N) - £13.95
Moghul style dish of chicken cooked in a creamy yoghurt gravy
scented with cardamom and mace

Murgh Chettinand - £13.95
A Classic hot south Indian curry cooked with coconut,
Tamarind pulp, poppy & mustard seeds, curry leaves

Parsi Chicken Dhansak - £13.95
A blend of mixed lentils, Kaffir lime leaves, sweet,
sour and hot thick gravy

Akbari Murgh (N) - £13.95
Tender chicken pieces, pineapples, fenugreek,
cream of almond ginger sauce

Duck Nazakat - £17.95
Sliced Barbary duck slow braised in aromatic spices, tamarind

Changezi Methi Murgh - £13.95
Classic medium spicy dish, fenugreek, onions and tomatoes



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Dum Phukt Biryani Dishes

All Biryani dishes sealed in puff pastry, served with cucumber raitha.

Chicken Biryani - £16.95

Lamb Biryani - £17.95

Black Tiger Prawn Biryani - £19.95

Vegetable Biryani - £15.95

Lamb Dishes

Lamb Shank - £18.95

Slow braised Kentish shank in classic rogan josh gravy

Xacutti Lamb - £14.95

Spicy hot Goan specialty cooked with freshly grated coconut, tamarind juice, garam masala and star anise

Lamb Pasanda (N) - £14.95

Tender fillets of Kentish lamb cooked in Madeira wine mild cream sauce with lightly flavoured herbs

Lamb Nashilee (N) - £15.95

Tender Kentish lamb fillets gently slow braised in a rich chilli and ginger sauce

Goan Vindaloo - £14.95

Kentish lamb stewed in a fiery hot sauce of cider vinegar, tamarind pulp, chilli and star anise

Kentish Lamb Jalfreizi - £14.95

The classic hot lamb dish with fresh green bullet chillies, tomatoes, peppers and onions

Kentish Lamb Saagwallah - £14.95

Spicy medium hot curry with fresh baby leaf spinach

Kashmiri Lamb Rogan Josh - £14.95

Classic Kashmiri medium spicy dish of slow braised Kentish salt marsh lamb, tomato, bone marrow gravy

Tandoori and Grilled Dishes

Lasuni Chicken Tikka - £15.95

Tender cuts of breast chicken marinated with spicy yoghurt, garlic and herbs grilled in tandoor

Tandoor Monk Fish - £19.95

Fresh Monk fish tail in spice crusted masala and smoked paprika

Tandoor Lamb Chops - £19.95

French-trimmed Best End Kentish lamb cutlets marinated in black pepper, garlic & rosemary

Green Herb Duck - £16.95

Grilled Barbary duck breast in coriander, mint, chilli, ginger and nutmeg

Tandoor Black Tiger Prawns - £19.95

Steeped in garlic, marinade of mustard & lime extract

Chez Mumtaj Mix Platter - £24.95

Lamb chop, lamb kebab, chicken tikka, salmon tikka, peri peri prawn and green herb duck

Tandoori Chicken (Half) - £15.95

Marinated in hung yoghurt, classic Punjabi spices, garam masala, grilled over hot coals

Regional Seafood Dishes

Goan Seabass Curry - £20.95

Fillets of fresh sea bass poached in coconut milk, tempered with mustard seeds, ginger, curry leaves

Keralian Monk Fish Curry - £21.95

Spicy red curry, mustard, curry leaves south Indian style

Scallop and Tiger Prawn Malai Curry - £21.50

Classic Bengali sea food dish gently poached in coconut milk in mild malai gravy

Meen Mappas - £20.95

Pan Seared Seabass fillet, sautéed garlic baby leaf spinach
South Indian Aleppy raw mango mappas sauce

Black Tiger Prawn Masaledar - £20.95

Tiger prawns cooked in a spicy tomato and aubergine Masala, kaffir lime leaves

Black Pepper Tiger Prawns (S) - £19.95

Indonesian style tiger prawns stir fried with mix peppers, onions and wild mushrooms in chilli, sesame, soy and oyster sauce



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Vegetarian Main Dishes

Paneer Butter Masala (N) - £13.95

Homemade Indian cheese in rich tomato and fenugreek cream sauce

Vegetable Dhansak - £13.95

A medley of farm fresh vegetables, mix lentils, kaffir lime leaves, sweet, sour and hot thick gravy

Paneer Manchurian (S) - £13.95

Indo-Chinese dish of homemade cheese, mix peppers, onions, soy, oyster sauce, ginger, garlic, chillies and spring onions

Navrattan Kofta (N) - £15.95

Vegetable Quenelles served in a rich tomato & basil sauce, gratinated with cheese on top

Vegetable Masala (N) - £13.95

Farm fresh vegetables in a rich exotic tomato and fenugreek cream gravy

Garlic Chilli Paneer (N) - £13.95

Cubes of homemade cheese, garlic, mix peppers, onions, green chillies in spicy hot sauce

Vegetarian Side Dishes

Okra - £7.95

Fresh stir-fried okra, tomato, carom seeds and yoghurt

Spicy Potato - £7.95

Hot and sour spicy baby potatoes with tempered mustard seeds and cumin.

Spinach and Paneer - £8.50

Cream of spinach with nutmeg, fenugreek and homemade cheese, mozzarella

Five Lentil Mix - £7.95

North Indian lentils tempered with Panch Prun and garlic

Asparagus - £8.50

Pan tossed with mustard seeds, garlic butter, curry leaves and coconut flakes

Gunpowder Potatoes (S) - £7.95

Gunpowder spice mix baby potatoes with spring onions and rosemary

Stir Fried Broccoli, garlic & cumin - £7.95

Spinach and Potato - £7.95

Fresh baby leaf spinach and baby potatoes tossed in light herbs and spices

Black Lentil - £7.95

In a rich butter cream of fenugreek, tomato and ginger gravy

Pak Choi Greens (S) - £7.95

Stir fried with shitake mushrooms, sesame oil, garlic and oyster sauce.

Chickpea Masala - £7.95

Curried chickpeas with dried mango powder

Tandoor Smoked Aubergine Crush - £7.95

Spinach and Wild Mushrooms - £8.50

Baby leaf spinach pan tossed in tomato, basil and truffle oil sauce

Rice and Breads

Steamed Basmati Rice - £4.50

Saffron Pilau Rice - £4.95

Lemon Chilli Rice - £5.50

South Indian Tomato Rice - £5.50

Wild Mushroom Rice - £5.50

Plain Naan - £4.50

Garlic and Cilantro Naan - £4.95

Cheese and Onion Naan - £4.95

Peshwari Naan (N) - £4.95

Keema Naan - £4.95

Basil and Chilli Naan - £4.95

Sundried Tomato, Olives & Cheese Naan - £4.95

Tandoori Roti - £4.50

V - Vegetarian
N - Contains nuts
S - Sesame oil

Many of our dishes prepared in the kitchens may contain allergens nut, gluten and dairy traces, we cannot ensure or guarantee that there will be no cross-contamination. This Menu is not suitable for customers with severe allergies.

A 12.5% discretionary service will be added to the total bill

Takeaway - 01727 800033

www.chezmumtaj.com

136-142 London Road, St Albans, Herts, AL1 1PQ

Opening times - Tues to Sun - 12 noon - 2.30pm and 6pm - 11pm